

Mental Health of Physics Graduate Students

PSI alumni reunion project of class of 2011:
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Some Literature Review Results

- 39% of the graduate students surveyed reported moderate to severe depression compared with 6% of the general population.¹
- 41% of the graduate students surveyed reported moderate to severe anxiety, as compared with 6% of the general population.¹
- The prevalence of mental health problems is higher in PhD students than in the highly educated general population, highly educated employees and higher education students.²
- 32% of PhD students are at risk of having or developing a common psychiatric disorder, especially depression. This estimate was significantly higher than those obtained in the comparison groups.²

Panel Discussion

Thursday, June 20 at 10am in the Sky Room

Moderator	Sarah Pearson, RP	PI In-House Therapist
Panellists	Yang Lu	PSI 2011
	Tibra Ali	Former PSI Fellow
	Jordan Krywonos	Resident PhD/PSI 2022
	Aldo Riello	Current PSI Fellow

1. Evans, T. M., Bira, L., Gastelum, J. B., Weiss, L. T., & Vanderford, N. L. (2018). Evidence for a mental health crisis in graduate education. *Nature biotechnology*, 36(3), 282-284.
 2. Levecque, K., Anseel, F., De Beuckelaer, A., Van der Heyden, J., & Gisle, L. (2017). Work organization and mental health problems in PhD students. *Research policy*, 46(4), 868-879.



Timeline of Mental Health Intervention at PI

